

Professional Awareness for Latina Immigrant Population

Barriers to care in pregnancy, birth and postpartum: Lack of fluent Spanish speaking birth professionals, undocumented, no insurance, low income, racism/racial bias



Immigration is a social detriment to health

Considerations for additional trauma common in Latina immigrant population



The effects of ongoing colonization and ancestral trauma on indigenous populations. Mexico has 21.5% of self identified indigenous population, in. Bolivia and Peru up to 80%. There is an estimated total of 8% indigenous population for all of Latin America



Disproportionately higher rates of intimate partner Violence and reproductive coercion.



Pre-immigration Trauma -

Circumstances or events leading to relocation. This trauma happens just prior to the time of migration. Possibly scenarios—rape, extreme poverty, war, imprisonment, abuse, separation from family.

Migration Trauma-

Happens while in transit. Possible scenarios include sexual assault, taken into bondage, seeing loved ones die, forced labor, detention centers.

Post-migration Trauma-

Little social support, poor living conditions unemployment, discrimination, food insecurity.

Trauma Informed Midwifery Care for Latina Immigrant Populations

Awareness and education about local Latina immigrant populations—Latina is very general—

Have resources and warm referrals with fluent Spanish speaking professionals familiar with immigration related trauma

Referral list for Spanish language birth and postpartum support. (support groups, doulas, LC's, etc.)

Resources for transportation, food services, legal aide to help with documentation.

Have handouts and disclosure documents in Spanish language

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